

KRC BULLETIN



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Editor's Note

Tulimekondjo Pandeni

Senior Public Relations Officer - Kunene Regional Council

I am delighted to bring you the first newsletter publication in the history of the Kunene Regional Council (KRC). For formality sake my name is Tulimekondjo Pandeni, the editor and Senior Public Relations Officer; Kunene Regional Council.

Compliments for the New Year and welcome back to what I would hope will be a year of success, transformation, hardwork and dedication at KRC. The KRC Bulletin is an internal platform to communicate relevant information and to promote the good services of the regional council.

The newsletter is aimed to create a sense of unity amongst employees through engagement and empowerment. This will create and improve employee morale throughout the regional council, and all its constituencies offices. It will be distributed to all KRC staff members as well as all our constituency offices within the region to create awareness of all the news and highlights happening within our surroundings. The KRC Bulletin will vary month to month, with exciting topics ranging from Community Development Initiative, Departmental Initiatives, Events, Health, Sport, Leadership, etc., so make sure you are updated with all the editions to come.

In this edition we will take a look at the natural disaster that happened in Sesfontein Constituency in December, where houses were destroyed by a heavy rainfall, as well as the Hepatitis E breakout in Outjo. The Kunene Regional Council will also like to welcome three newly appointed employees to the Family, as well as celebrate and congratulate employee promotions.

With that said it's 2020 and what's a new year without a resolution (s)? My resolution is to compile intriguing content for all to read. What is your new year's resolution? How do you set one and what will a good resolution worth achieving look like? Here are a few tips to setting some resolutions for the year 2020, and remember they are yours, so own them. They can be "Professional or Personal Resolution" it's all up to you.

1. Your resolution must be realistic and attainable. E.g I want to be the employee of the month or I want to save N\$ 3000.00 a month.
2. Have a strategic plan: This is how you would achieve the resolution. An example : Been employee of the month. How would I make sure I am seen as the employee of the month?, maybe I should come to work early, make certain all my work and reports are up to date, stay in the office until knock off time, come up with new initiatives around the office that will benefit all employees, etc.
3. Put it in Action.
4. Be committed and consistent.
5. Reward yourself once you have achieved the resolution.

There you have it!

With the above said and without wasting any more time let's get to it. Let there be Unity, Development and Progress in the year 2020.

Enjoy!

Welcome to 2020



Mr. Kisco Sinvula
Acting Chief Regional Officer

All Honourable Councillors
All Management Cadres
All staff Members

The year 2020 is upon us.

This year His Excellency, the President Dr. Hage Geingob, declared the year 2020 as the year of Introspection, “Collective Introspection”. In context of this theme, we as the KRC Family are encouraged to examine and take note of all our success and development in the year 2019, as well as the shortcoming of plans and policies put in place so as to capitalize on all opportunities in the year 2020.

The Kunene Region Council as per our mandate in governing, planning, coordinating and implementing socio-economic development activities, it is imperative that we work harder and strategically towards the fast growth of our region.

It is important that we put all our political, ethnical and personal differences aside to assure there is a healthy and conducive working environment for all, for extensive effectiveness in all our strategic plans.

With the above said, I would thus like to welcome you all back and wish you all a prosperous year filled with lots of opportunities at KRC.

Hepatitis E still a risk amongst Outjo community



During the festive season, the Ministry of Health and Social Services (MoHSS) in the Kunene Region send out a communiqué on the increase of Hepatitis E cases diagnosed in the Outjo district.

Hepatitis E is a liver infection which is passed on through faecal matter. It is spread when traces of faeces (containing the Hepatitis E virus) on contaminated hands, objects, water or food, whereas the virus is then taken in by the mouth. It is further known to be caused by contaminated drinking water in areas with poor sanitation.

According to a report issued by Dr Alice Kabongo from the MoHSS in the Kunene region, it has been reported that there were a total of 23 cases reported of which 16 cases were confirmed positive, 6 cases are negative, one case result is pending and one death reported.

Following the epidemic in the Outjo district in areas such as Soweto, 7 delaan, Kap n bou, Camp 60, Ehangano and Saamstan, MoHSS has made intervention were a total of 412 households received approximately 20 000 water purification tablets, 7 water dispensing buckets and 60 tabloids of soap in distribution.

MoHSS continues with the surveillance of the areas affected. The ministry recommended and seeks assistance in the procurement of 25 5000litre tanks, 25 pit latrines for the areas affected, 200 water dispensing buckets and hand washing facilities and the continues removal of heaps of rubbish and cleaning of the environment.

Dr Kabongo advised that the containment and control of Hepatitis E is reliant on the provision of clean water and sanitation through the provision of adequate toilets and clean environments.

DID YOU KNOW?	Symptoms of Hepatitis E
<ul style="list-style-type: none"> • There is no specific treatment for Hepatitis E. A person infected with the virus should rest, drink plenty of water, eat nutritious food, and avoid alcohol. Basic medications such as Panado/ Paracetamol (acetaminophen) is not recommended because Panado is broken down by the liver and when the liver function is not working properly, taking this drug can further damage the liver. • Once a person has contracted the virus, he or she can possibly infect other people if this person does not practice adequate hygiene measures. This is why handwashing with single-use water is so important. • If a person infected with Hepatitis E does not wash his or her hands properly after going to the toilet, he or she can pass the virus to other people when shaking hands, preparing food, collecting water that others will use, or by touching something that another person touches. • A person can transmit the virus before he or she experiences symptoms, and will continue to shed the virus for as long as he or she is infected. • You can be infected with Hepatitis E for a long time (15-60 days) before you show any symptoms. • To help prevent infection, good sanitation, clean food preparation and water storage in clean containers and use of clean water is critical. 	<p>According to the Centers for Disease Control and Prevention, the symptoms of Hepatitis E are:</p> <ul style="list-style-type: none"> » Jaundice (yellowing of the whites of the eyes), » Fever, » Fatigue, » Loss of appetite, » Nausea, » Vomiting, » Abdominal pain, » Enlarged liver, » Dark urine, » Clay-colored stool and/or diarrhea, » Joint pain, » Body itching » Rash.
<p>If you think you have symptoms of Hepatitis E, you should visit your nearest clinic or hospital.</p>	



Hon. Julius Kaujova the Councillor of Sesfontein Constituency visiting the site of the disaster in the Khowareb Community.

Heavy rainfall hits Sesfontein

Sesfontein Constituency on the 16th of December 2019 received heavy rainfall accompanied by strong winds leaving the Khowareb Community in agony over damaged homes and household items.

The residents and victims said the incident happened around 14h00 on that very day when a cyclone erupted from the nearby mountains followed by a heavy rainstorm that lasted for about 2 hours.

According to an assessment made by the Sesfontein Constituency and Kunene Regional Council, it is estimated that 16 households have been affected, but no serious injuries or deaths were reported.

Houses were demolished were a lot of items such as washing machines, gas stoves, television, tables, beds, chairs, electrical lines, etc were damaged.

All affected houses have received temporary assistance in a form of food while further assessment and assistance for building material is been sought for.

The Community of Khowareb has been advised to take the necessary precautions during heavy rainfall in the future.

Kunene Region Grade 12 learners benefit from NAMCOL Scholarships



Pictures of a few learners amongst the 20 learners who were awarded the NAMCOL Scholarship.

Learners who had previously performed poorly in Grade 12, were granted the opportunity to improve their marks through the NAMCOL Scholarship Initiative.

This scholarship initiative awarded 325 learners country-wide of which 20 learners are from the Kunene Region. Kunene Region is considered to be one of the low performing regions when it comes to Grade 10 and Grade 12, hence these scholarships would help a lot of learners to a second chance to sit for exams.

The Kunene Region received scholarships at the value of N\$ 15 305.00 in total, which was dispersed to learners from all the 8 constituencies in the region.

NAMCOL aims to assist learners from disadvantaged backgrounds, towards achieving its vision to be a world class institute of excellence, which is accessible to all. The end goal is provide opportunities for adults and out-of-school youth to further their education or develop new skills.

All award letters have been awarded to their beneficiaries and one would only hope that the learners be committed and dedicated to their studies to be successful citizens of the Namibian soil.

“The beautiful thing about learning is that no one can take it away from you.”

BB KING



Hon. Ester Nghipondoka the Deputy Minister of Education Arts and Culture as she addresses the stakeholders in Kunene Region.

New Revised Curriculum Matures to the Senior Secondary Phase

The Deputy Minister of Education Art and Culture Honourable Ester Nghipondoka on her visit to the Kunene region on the 21st of January 2020 assured the public at large that the revised curriculum of 2020 is in its right track of implementation and is here to stay.

During her courtesy call with the Governor of Kunene Region Honourable Marius Sheya, she emphasised on the need to engage head of authority and stakeholders in different regions to give clear information and create an understanding of the Curriculum Reform with its challenges.

Hon. Nghipondoka clarified the misconception of public opinion that the Curriculum Reform is a new system hence its challenges and the confusion it's causing amongst stakeholders.

She notified the stakeholders of Kunene region that the implementation of the new curriculum is not indeed new, but rather that it commenced in 2015 for the Junior Primary Phase, thereafter in 2016 for the Senior Primary Phase and then Junior Secondary phase Grade 8 in 2017 and Grade 9 in 2018.

The preparations of the Senior Secondary Phase have been in underway since 2019 and hence 2020 will be the year of transition whereas the old curriculum will be phased out.

The new Curriculum Reform is seen as one of the biggest reforms in the history of the ministry and with extensive implementation it will be running smoothly in the years to come.

She also mentioned that it is important to know that the curriculum has not been changed but rather reformed and revised, for the betterment and upliftment of the education system in aligning it with international education systems.

The Kunene region has for years had a low performance rate in Grade 10 and 12 , and with the stakeholders engage meeting , the ministry seeks to strategize on implementable resolution that would help assist improve the performance rate. The new curriculum thus provides opportunities for learners to be well prepared before writing exams for the exiting grades.

The Governor here in express his disappointed in the regions low performance, however outlined the main cause to be the dropout and absenteeism of learners from schools due to cultural difficulties and implications.

Hon. Nghipondoka urged the Kunene regional authorities to embark on motivational activities and campaigns that will assist in changing the mindset of learners and parents about the importance of education, only then would there be improvement.

Welcome to the Kunene Regional Council



Tulimekondjo Pandeni Senior Public Relations Officer

Tulimekondjo's expertise include events management, sales and marketing, advertising, social media and communications skills.

She is lover of life, a believer and values her friends and family. She is an Arsenal supporter who enjoy watching soccer occasional but is far from been an enthusiast. Meanwhile she occasionally enjoys a glass of red wine and a novel. She is delighted

to be in Opuwo and loves the cheap accommodation it has to offer, as she would love to save up enough to travel the world one day. Any place with a beautiful beach she will go.

When asked, "You are stuck on a deserted island, and you can only take three things. What would they be and why?" here response is:

- » A tent for shelter from the scorching sunrays
- » A gallon of water
- » A Cellphone with Wi-Fi and network. I am an addict.

She believes her brain is her best feature, because it's where all the creativity takes place. The brain is a powerful tool when you know how to use it to your advantage.

Here are some fun facts about Tulimekondjo:

- » I love reading though I hardly finish reading a book.
- » I eat raw dry Mopane worms.
- » I am happiest when I am alone, but don't get me wrong I love people.



Eunice Ndeyapo Shapange Development Planner

Eunice Shapange is a Development Planner for the Kunene Regional Council by day and a guitarist/poet in her spare time. She puts God before anything else; whereas her favorite person in the world is her mom. Money or Love? Long sign.... MONEY! Fair enough answer, I mean money makes the world go round or how else is she going to get to Spain, her dream destination. Relaxing on beach shores of Ibiza with a class of Whisky

(Yes she preferred Whisky back in her drinking days, she is now on a loooong break from alcohol intake, Sssshhh!). She is a lover of life and enjoys Basketball in support of Cleaveland Carvalliers. Her skills lay in Geographic Information System (GIS) and Auto CAD. Whereas others are in frustration with the hot scorching sun and stormy winds of Opuwo, she embraces the quiet cheap affordable life that "Opuwo" town has to offer.

When asked, "You are stuck on a deserted island, and you can only take three things. What would they be and why" she responded, "A throw, 25 Litres of water and a tent, these will prolong my chances of survival till help comes."

Welcome on board Eunice "Ekky".



Mekondjo Hitila Development Planner

Mekondjo Hitila is a Development Planner whose skills lay around analytical, initiate changes, observant, adaptability and problem solving. In his spare time, he enjoys watching boxing where his favourite boxers are the former Namibia World Boxing Champion, Harry Simon and USA former Champion Mike Tyson. That is beside his mom Meme Albertina Lukas being his favourite person in the world.

He is most thankful for the gift of humanity, and love. Having been relocated to Opuwo, he appreciates the beautiful landscape of the region as well as the fascinating cultural attire of the Ovahimba people.

Here's some fun Facts about Mekondjo:

- » My favorite place in the house is a kitchen
- » Whenever I camp at night in the bush, etc. I don't go out of the tent night time, I always carry a bottle to urinate in it.
- » I love chocolate, growing up I was deprived from eating them. I grow up eating only Eenyandi, Eembe, Eendunga

When asked, "You are stuck on a deserted island, and you can only take three things. What would they be and why?" these were his answers:

- » One of my friend – Two head are better than one, together we can navigate many different options to find ways out of the island.
- » Solar charging Satellite phone: This will help rescue services to locate me.
- » Bible, this will help me to study the scripture and achieve my plan of mastering the Bible and subsequently finish it.

CONGRATULATIONS



**Congratulations on your
well-deserved promotion!**

Ms Joree Uaisiua

New Senior Administrative Officer
Kunene Regional Council

The KRC Family hopes that this promotion brings you all kinds of new challenges and opportunities. Congratulations.



The Ultimate Frontier



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